

LCS PARENT/GUARDIAN HOME HEALTH-SCREENING COMMITMENT

To protect LCS students, faculty, and staff, parents should complete a daily health screening of their child using the COVID-19 Health Screening Questions. Parents should keep their child at home when he/she is sick or feeling unwell, or exhibiting any signs or symptoms of illness. This commitment applies to all school-age children in the home.

SCREENING AT HOME

Parents agree to screen all school-aged children in the home each day prior to sending to school. In addition, Parents agree to keep children at home if:

- Feeling Feverish and/or having chills (if documented temperature/fever of 100.4°F or greater)
- A new cough not due to another health condition
- A new sore throat not due to another health condition
- New chills not due to another health condition
- New muscle pain not due to another condition or that may have been caused by a specific activity such as physical exercise
- New loss of taste or smell

Parents should understand that the COVID-19 Health Screening Questions may change over time as required by the Virginia Department of Health (VDH), Centers for Disease Control (CDC), and Lynchburg City Schools (LCS). LCS will communicate any necessary changes to parents, and parents should continue daily health screenings based on the current requirements.

LCS COVID-19 HOME-SCREENING QUESTIONS

1. Is your child having any new or unusual symptoms?

- Fever >100.4F
- Shortness of Breath
- Diarrhea
- Cough
- Muscle Aches/Fatigue
- Loss of Smell/Taste
- Chills
- Nausea
- Loss of Appetite
- Sore Throat
- Vomiting
- Headache

2. Has Your Child Been Exposed to COVID-19 in the Previous 2 Weeks?

HIGH RISK: Direct physical or close contact (within 6 feet for continuous 15 minutes, without face covering) with someone, within 2 days of testing positive with COVID-19, or displaying symptoms. (Call School Administrator or School Nurse)

LOWER RISK: Distant contact (outside 6 feet or within 6 feet for a brief period of time) of someone, within 2 days of testing positive with COVID-19. (Monitor for Symptoms)

3. Your Child Tested Positive for COVID-19?

Notify School Administrator at: _____

OR

Notify School Nurse at: _____

STUDENT ILLNESS

Parents should not send children back to school if he/she has any of the signs of COVID-19 until:

- Child has tested negative for COVID-19 and completed the recommended quarantine/isolation period (Symptom-Based 10 days **or** Time-Based 14 days)
- OR**
- A healthcare provider has seen the child and documented a reason for the symptoms other than COVID-19
- OR**
- ALL OF THE FOLLOWING ARE TRUE:**
 1. At least 10 days have past since the start of the child's symptoms **AND**
 2. Fever-free and off anti-fever medicines (ex: Tylenol, Ibuprofen) for at least 24 hours **AND**
 3. Symptoms are improving.

Student Illness at School: Health screenings are completed on students as they enter the school each day, including forehead temperature checks, and Health Screening Questions. Students who present symptoms of being ill, or become ill at school will be assessed by the school nurse, and required to be picked up immediately by the

parent or guardian. All attempts will be made to contact the parent or guardian utilizing the contact information provided. In the event that the Nurse or Administrator is unable to contact, or the parent or guardian does not pick the student up, the Student Services Office will be notified, and Child Protective Services will be contacted.

COVID-19 TESTING

VDH only recommends testing for individuals who are experiencing COVID-19 symptoms OR for individuals who have been exposed to an individual who has tested positive for COVID-19.

Parents should not send their child back to school if he/she has tested positive with COVID-19 until ALL of the following have been met:

- At least 10 days have past since the child's symptoms began **AND**
- The child has had no fever and off anti-fever medicines (ex: Tylenol, Ibuprofen) for 24 hours **AND**
- Symptoms are improving

EXPOSURE

If a child is exposed to someone who has tested positive, parents should seek the advice of their child's medical provider, notify the School Nurse or Administrator, and the child should stay home for 14 days after their last **exposure** to this household member. Parents should monitor everyone in the household for symptoms. If someone in the household develops fever, new cough, shortness of breath, or two of the following: sore throat, chills, muscle pain, headache, new loss of taste or smell, the person should be tested for COVID-19. If that person tests positive, parents should seek the advice of their child's medical provider, notify the School Nurse or Administrator, and the child should stay home for 14 days after their last **exposure** to this household member.

Exposure is defined as having "direct contact" (being within 6 feet, for greater than 15 continuous minutes, without a face covering) with a person who has tested positive with COVID-19. A person is considered to be contagious starting 2 days before they became sick, or 2 days before they tested positive if they never had any symptoms.